



HAPPY HAVEN HERALD

October 2020 Issue 4



HAVEN HIGHLIGHTS

Tuesday Night Knit Wits will now be held from 5pm-6pm at DJ's house. Please call the office for location address and phone number if our HH friends would like to attend. DJ looks forward to teaching you her amazing crochet skills!

There will be **NO Wednesday Male Support Group** or **Thursday Female Support Group** until further notice. If your consumer needs support that you cannot provide, please reach out to PS, PM, or call the office and we will direct you. Thank you for understanding!

Upcoming Training Schedule

- ✚ **CRMA DAY 3 ONLY**
11-4-2020
9am to 5pm
- ✚ **CRMA**
11-9, 11-10, and 11-12-2020
9am to 5pm EACH day
- ✚ **FA/CPR**
11-11-2020
9am to Noon
- ✚ **FA/CPR**
11-13-2020
9am-Noon
- ✚ **DSP Live**
11-16 and 11-17-2020
9am to 5pm EACH day
- ✚ **Safety Care Recert**
11-20-2020
9am to 5pm



RECIPE of the MONTH



We want to give a special thanks to **Bushra Daud** for taking the time to prepare the homemade delicious cuisine everyone enjoyed during our quarterly Leadership Connect!

Although there was a variety of foods to choose from, one of the favorites was an East African dish called Injera. Injera is typically made from teff flour created by the world's tiniest grain. Injera is a sour fermented flat bread. Once the dough is made, it is cooked in a skillet and resembles in appearance to the European pancake, just with a spongier texture. Unlike a pancake, Injera is meant to be filled with other foods. The chef prepared goat meat in spicy sauce and a side salad to put inside, as well as a dipping sauce that resembled Italian Dressing. Delicious!!



HAVEN HELP

One of the greatest moments you can share with another human is understanding. No one reaches understanding without a level of compassion and respect for others. During Leadership Connect we had the pleasure of listening to *Marcel Rwagasore* speak outstanding words about Cultural Diversity. I found myself enthralled with his passion to teach us the importance of truly knowing another human; where he or she came from, his or her background, and the way in which we all live our lives together, but with a different point of view. He taught us that in order to get to the heart of another person, we must take the time to learn the whos, whats, whens, and whys of how another person thinks and acts. The way each cultures' societal ethical system is set up with unique morals and values, is indicative of our everyday life in which each one of us is raised. Our cultural norms play a huge role in how we interact and react to one another. Its imperative for peace among each other, to make every attempt to communicate despite our differences. This holds true within the community as well as within the walls of our homes, work place, and our hearts.

When I first started working at Happy Haven, as a caucasian, I found it facinating that it is one of the only places that I have ever been where I am the minority. Happy Haven is no doubt predomently African employed. This is most definitely not an intential occurance, but because the owners are part of the African comminity- their culture is most likely the prominent reason. After listening to Marcel, I began to think and comprehend how this came to be. If I am right, I have learned by listening and watching, that part of the African culture is taking care of their own. By own, I don't necessarily mean just their African community either. That is not to say that the rest of us don't care for our own, just that their way of finding strength in faith and unity in numbers, is astounding. I believe word of mouth has led this company to where it is today. I find that our African friends value supporting one another much stronger than my other neighbors' desire to lend human decency. If my neighbor is hungry, my instict is to give him food. Although I am a very compassionate person, my assistance would typically end there. I was raised to help, but also mind my business if you will. If my African friends know someone is hungry, their instict is to invite them into their world, give them food made from love, and guide them to the means to provide food in the future. The depth of their support and compassion goes deeper than one can imagine. I have been with Happy Haven for 16 weeks now. I have witnessed so much love and joy that I honestly feel like I have been adopted into one big accepting family.



I have also learned that time is not a number to my friends, it is something to be cherished. My culture always places importance of being places at particular times, and in the beginning I could not wrap my mind around why I could not seem to get my friends to be where they needed to be, on the right day at the right time. I realize now by learning from Marcel, it is never intended to be irresponsibility or lack of caring, but seemingly carefree jovial personalities that place value on the here and now vs the when and where.

There are so many other lessons I have learned from my African friends, but I will save those for a rainy day. I will however leave you with this- Marcel was not only an amazing teacher, he has given me insight on how I can be a better friend to my fellow co-workers, as well as the stranger down the road. I hope those of you who attended Leadership Connect with me, and had the pleasure of listening to Marcel, left that day with the same inspiration I did. To take the time to observe, listen, and communicate with one another and to embrace our differences. To take it one step further, it is not enough in my eyes to understand someone from another culture. Even when we are born and raised in the same country, each of us is unique and deserve to be respected enough for others to try to understand us.

After all, we serve a community of individuals who have a culture all their own....

-CLK





Life is what you
make it....
Remember to
enjoy each other
and don't forget
to dance!!!



October Happenings

Speaking of cultural diversity...October to some means bright colored leaves that fall in the breeze, hot cocoa before bed or with a friend, and for most of us, time to break out the hats and gloves. For some, October is a reminder Halloween is around the corner.

Many cultures do not celebrate Halloween for varying reasons. Others celebrate strictly for a chance to dress up and of course- CANDY!! Happy Haven serves a community of adults who are joyful kids at heart. Some of our friends enjoyed dressing up and pretending. Here are a few, during their Halloween weekend adventures!



Created by Happy Haven Staff

